





#### 1 Confirm benefits

Provide some information about yourself to confirm your eligibility.

Enter your infor insurance card		appears on your h	ealth
* Required			
First Name*			
Last Name*			
Email*			
Country*			
			<u> </u>
ZIP code*			
Sex assigned a	t birth*		~
Month of birth <sup>3</sup>	* Day*	Year*	
I received insurance	a Teladoc code fro	om my employer o	or
	Next		

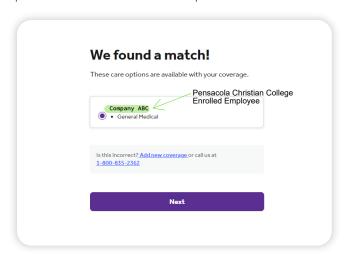
Do not check the "I received a Teladoc code from my employer or insurance company".

# Get started with Teladoc Health

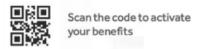
It's quick and easy to set up your account online. Simply visit the Teladoc Health website, click "Get started" or "Sign up," and then follow the instructions below.

#### 2 Find your coverage

Confirm the coverage that has been matched to you. Please note your care option through your employer group will pop up here if a match is found, like the example below. Click "Next" to proceed with account set up.



If your current employer is not listed, click "Add new coverage".

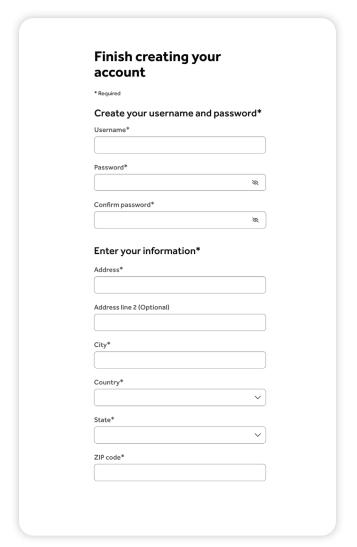


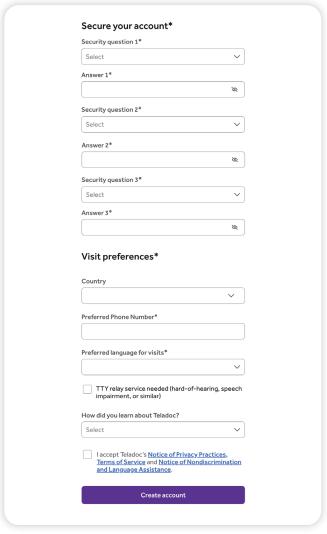




### 3 Create account

Enter your contact information, username, password and security questions.





Once your account is created, eligible dependents under 18 years of age can be added in your account settings under the primary member. Dependents older than 18 should follow the steps above to create their own account.

## Set up your Teladoc Health account today

Visit Teladoc.com | Call 1-800-TELADOC (800-835-2362) | Download the app € | ♠

<sup>\*</sup>Teladoc Health is not available internationally.

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