

Education by Empower series - 2025

Opportunities for employee engagement with hot topics*

Third week of every month on Tuesday at 10 a.m., 1 p.m., 4 p.m., Wednesday at 11 a.m., 3 p.m., 6 p.m., & Thursday at 12 p.m., 3 p.m., & 5 p.m. (Spanish), all ET Fourth week of every month on Wednesday at 12 p.m., 3 p.m., 6 p.m., all ET.

January	February	March	April	May	June
Building a foundation of financial wellness	Introduction to tax planning	Sandwich generation	Boost your savings	A financial experience focused on you	Retirement Readiness
21, 22, 23, & 29	18, 19, 20, & 26	18, 19, 20, & 26	15, 16, 17 & 23	20, 21, 22, & 28	17, 18, 25, & 26
July	August	September	October	November	December
Estate planning	A closer look at Social Security	Planning for healthcare expenses	Investing basics	Benefits of your plan	Retirement myths
15, 16, 17, & 23	19, 20, 21, & 27	16, 17, 18, & 24	21, 22, 23, & 29	18, 19, 20, & 26	16, 17, & 18



Learn more

*Sessions are live and available in Spanish.

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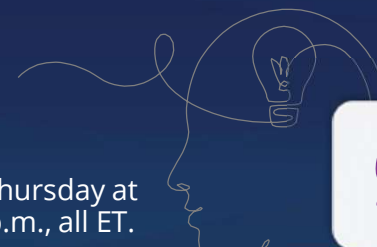
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RO4078699-1224

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Building a foundation of financial wellness: Areas of financial focus that affect everyone's life, hear personal experiences, and steps to take toward financial wellness.

Introduction to tax planning: Types of taxes, tax-filing information and forms, tax brackets, tax minimization strategies, methods of and common tax filing errors.

Sandwich generation: Caring for aging parents and children, maintaining balance and juggling the needs of parents, children, and yourself, plus how to prepare financially.

Boost your savings: Why saving matters, a look at your savings, saving in your plan, and ways to save.

A financial experience focused on you: Your personalized dashboard, free real-time tools, on demand resources and education, human support when you want it.

Retirement readiness: What is retirement readiness? How much does it take to retire? Estimating and factoring in Social Security.

Estate planning: What estate planning is, benefits of an estate plan, components and documents.

A closer look at Social Security: What is Social Security, when to take it, how pensions affect Social Security, spousal benefits.

Planning for healthcare expenses: Understanding healthcare costs, what you need to know about Medicare, and planning for potential expenses.

Investing basics: Expanding your investing know-how, determining your investing style, becoming a smarter investor, choosing your investments.

Benefits of your plan: The benefits of saving in the plan, retirement planning basics, and how to enroll plus next steps.

Retirement myths: Account security, withdrawals, and facts vs fiction.



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