Education by Empower series - 2026

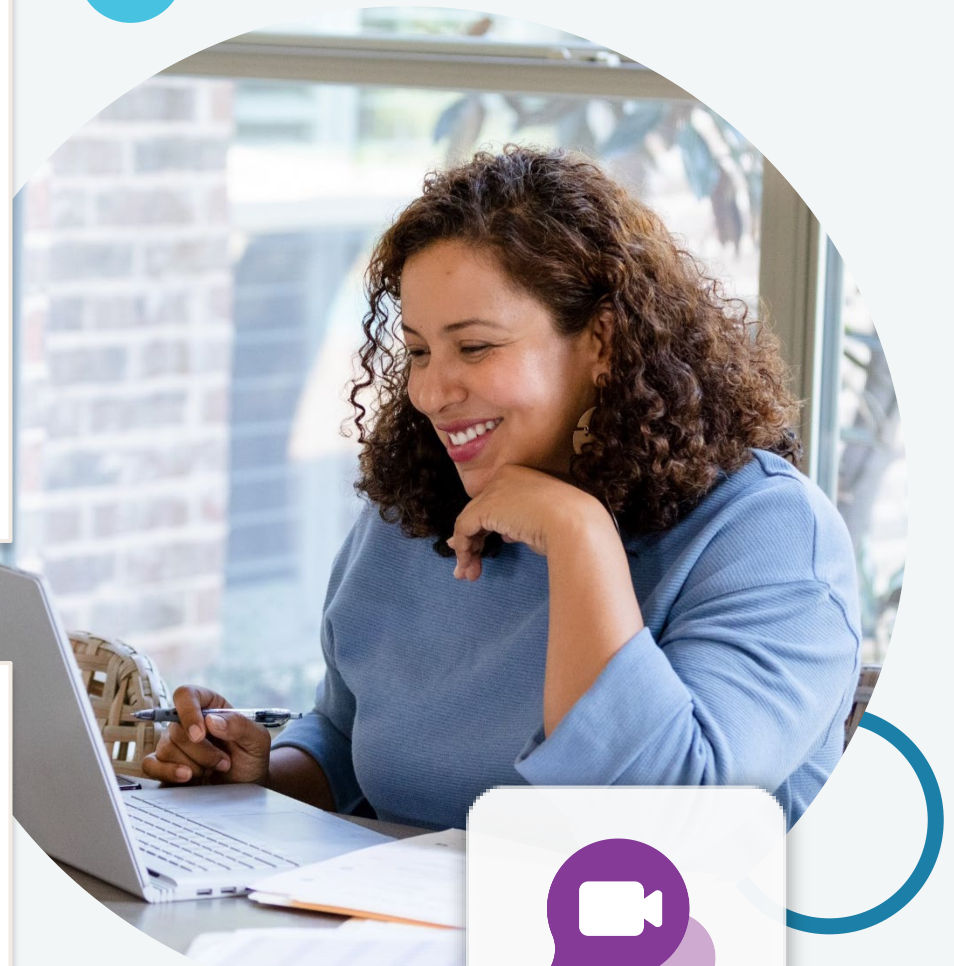
Opportunities for employee engagement with hot topics*

Third week of every month: Tuesday at 10 a.m., 1 p.m., 4 p.m., Wednesday at 11 a.m., 2 p.m., 6 p.m., & Thursday at 12 p.m., 3 p.m., & 5 p.m. (Spanish), all ET

Fourth week of every month on Tuesday at 10 a.m., 1 p.m., 4 p.m. , Wednesday at 12 p.m., 3 p.m., 5 p.m., & Friday at 11 a.m. & 2 p.m. all ET.

January	February	March	April	May	June
Building a foundation of financial wellness	Introduction to tax planning	Maximize your savings with an experience built around you	Advanced investing in any market	Sandwich generation	Retirement Readiness
20, 21, 22, 27, 28, 30	**17, 18, 19, 24, 25, 27**	**17, 18, 19, 24, 25, 27**	**14, 15, 16, 21, 22, 24**	**19, 20, 21, 26, 27, 29**	**16, 17, 18, 23, 24, 26**

July	August	September	October	November	December
Estate planning	A closer look at Social Security	Planning for healthcare expenses	Navigating financial setbacks	Thriving in retirement	Retirement myths
21, 22, 23, 28, 29, 31	**18, 19, 20, 25, 26, 28**	**15, 16, 17, 22, 23, 25**	**20, 21, 22, 27, 28, 30**	**17, 18, 19, 24, 25**	**15, 16, 17, 22, 23**



Learn more

*Sessions are live and available in Spanish.

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Building a foundation of financial wellness: Explore financial aspects that affect everyone's life, hear personal experiences, and steps to take toward financial wellness.

Introduction to tax planning: Understanding types of taxes, tax-filing information and forms, tax brackets, tax minimization strategies, methods of and common tax filing errors.

Maximize your savings with an experience built around you: A look at your savings, saving in your plan, and resources designed for you.

Advanced investing in any market : Strategies for navigating advanced investing and understanding market volatility.

Sandwich generation: Caring for both aging parents and your own children at the same time, maintaining balance and juggling the needs of parents, children, and yourself, plus how to prepare financially.

Retirement readiness: What is retirement readiness? How much does it take to retire? Estimating and factoring in Social Security.

Estate planning: What estate planning is, benefits of an estate plan, components and documents.

A closer look at Social Security: What is Social Security, when to take it, how pensions affect Social Security, spousal benefits.

Planning for healthcare expenses: Understanding healthcare costs, what you need to know about Medicare, and planning for potential expenses.

Navigating financial setbacks: A look at economic impacts, ways to overcome financial setbacks and landing on your feet after a set back.

Thriving in retirement: Considerations for your retirement years including budgeting, investing, accessing your savings and putting your financial affairs in order.

Retirement myths: Facts vs fiction **-** Account security, accessing your money, fees and expenses, and more.

Learn more

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