

Think OTC for your Ulcer and Allergy Medications

Smart thinking. Easier savings

Many brand name drugs that were formerly available by prescription only can now be obtained over-the-counter (OTC). In instances when the OTC version is available in the same strength as the prescription drug you are taking, you may save more with the OTC version. Your plan will cover select OTC medications at a \$0 copayment (after your deductible, if applicable). Medications that are covered are non-sedating antihistamines (NSAs) and ulcer/heartburn treatments packaged as name brands, store brands or generics as long as they are prescribed by your physician and processed using your prescription benefit at your pharmacy. Ask your prescriber if an OTC product is right for you.

Get Started Today

To take advantage of this \$0 copay OTC program, please follow these 3 easy steps once you and your doctor agree that an OTC product is right for you:

1. Ask your physician to write (or telephone in) a prescription for the specific OTC product.
 - Make sure your physician writes "OTC" on the prescription.
2. Take the prescription to your local pharmacy (not available through mail service) and ensure that your pharmacist:
 - Uses your prescription benefit card to fill the OTC prescription.
 - Fills the prescription just like any other prescription medicine, making sure to include your doctor's name and instructions on the label.
 - Charges you a \$0 copay as a result of this program (if applicable).
3. Make sure to follow your doctor's instructions for use when taking the medication.

It doesn't make any sense to pay more. Talk to your physician to find out if an OTC product is right for you and start saving today!



Examples of Covered OTC Medications

ALLEGRA
CLARITIN
NEXIUM
PRILOSEC
PEPCID
PREVACID
Zyrtec