

COLLEGIAN SPORTS GUIDELINES





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INTRODUCTION

Collegians provide the framework for intramural competition in soccer, volleyball, broom hockey, basketball, men's flag football, softball, and a variety of one day tournament events. Winning a sports championship earns points toward an overall collegian sports championship trophy at the end of the year.

MISSION

The mission of collegian sports is to glorify God and to benefit students by providing recreational opportunities to promote fitness, leadership, teamwork, and personal development.

PURPOSE

The Collegian Sports Department strives to deliver excellence throughout the program. To do so, we emphasize that all of the Collegian Sport's actions fall under the following goals:



FAIR



FUN



SAFE

SPORTSMANSHIP

All participants, spectators, and officials are expected to follow the PCC Code of Conduct, a Biblical model of edification through positive cheering and a spirit of fun competition. Some conflict is bound to occur in any competitive environment, but all actions and reactions should be honoring to God. Actively striving to maintain a godly testimony will help you consistently exhibit Christian sportsmanship.

TEAM SPORTSMANSHIP RATING SYSTEM

A team sportsmanship rating system will be used to promote good sportsmanship. Game officials will rate teams on a five-point scale for sportsmanship after each league game. Teams earning a sportsmanship rating average below 3.75 will be ineligible to participate or continue in their league's playoffs regardless of their record. Your collegian athletic director will be notified if the team's average rating is 3.75 or less.

5 *Outstanding Sportsmanship and Conduct*

- Positive reinforcement to players
- Good attitude towards opponents
- Team coach and captain control players and spectators
- No derogatory, demeaning, or abusive language
- No interference to the play of the game

4 *Good Sportsmanship and Conduct*

- Team coach and captain in control of their players and spectators
- Few questions asked concerning official's decisions
- No verbal or physical threats made towards officials, opponents, or spectators
- *Each team begins each game at this level*





SPORTSMANSHIP

3 *Below Average Sportsmanship*

- Team coach and captain keep some control of players and spectators
- Some derogatory, demeaning, or abusive language or unsportsmanlike conduct is displayed
- *A team earning a sportsmanship-related penalty (yellow card, technical foul, etc.) cannot earn higher than this level*

2 *Poor Sportsmanship*

- Team coach and captain exhibit little control over players and spectators
- Unnecessary roughness
- *A team earning two sportsmanship-related penalties or an ejection cannot earn higher than this level*

1 *Unacceptable Sportsmanship*

- Team coach and captain show no control of players and spectators
- *A team earning three unsportsmanlike penalties, or two ejections cannot earn higher than this level*
- *A team earning a sportsmanship rating of 1 will result in that game being a forfeit*

INDIVIDUAL SPORTSMANSHIP RATING SYSTEM

Individual sportsmanship will be enforced using a warning/ejection system. Warnings will be issued for unsporting behavior. A player that receives 2 warnings within the same semester will be suspended from his next scheduled game.

Suspensions may be issued without previous warnings in specific situations, including all those that involve fighting. If a player, coach, or spectator is ejected during a game, they must leave the facility/field for the remainder of the game.

SPORTSMANSHIP

SPECTATOR SPORTSMANSHIP

Collegian sports events must be free from unsportsmanlike distractions and disruption from its spectators. Any spectator that causes an unsportsmanlike disruption of any collegian sports event will be subject to ejection. The following are examples of unsportsmanlike distractions or disruptions:

- Booing or other public forms of negative, derogatory, or demeaning responses whether they are towards another person or not.

If the semester is near completion, suspensions will carry over into a player or coach's next semester, otherwise, violations reset at the conclusion of each semester.

Any player, coach, or spectator who receives an unsportsmanlike penalty must meet with the Collegian Sports Coordinator before his next competition and is considered ineligible until the meeting takes place. Failure to meet before participating again will result in a forfeit due to an ineligible participant coaching or competing. It is the responsibility of the person who received the unsportsmanlike penalty to come to the Student Activities Office, AC-1, and schedule the meeting.

Unsportsmanlike violations are given at the discretion of the game officials and Collegian Sports Staff. Penalties include, but are not limited to, contentious behavior, foul language, vulgarity, physical abuse, threatening behavior, and damage to PCC equipment/facilities. Penalties are detailed on the next page.





SPORTSMANSHIP

INDIVIDUAL SPORTSMANSHIP VIOLATION SYSTEM

1st Unsporting Yellow Card
1st Unsporting Technical Foul
1st Unsporting Penalty

Warning

1st Unsporting Ejection
2nd Unsporting Yellow Card
2nd Unsporting Technical Foul
2nd Unsporting Penalties

**1 Game
Suspension**
(Ineligible for All-Stars)

3rd Unsporting Yellow Card
3rd Unsporting Technical Foul
3rd Unsporting Penalties

**2 Game
Suspension**
(Ineligible for All-Stars)

2nd Unsporting Ejection
4th Unsporting Yellow Card
4th Unsporting Technical Foul
4th Unsporting Penalties

**Suspension from
ALL Collegian
Sports Activities
for 1 Full Semester**

3rd Unsporting Ejection
5th+ Unsporting Yellow Card
5th+ Unsporting Technical Foul
5th+ Unsporting Penalties

**Suspension from
ALL Collegian
Sports Activities
for 2 Full Semesters**

PLAYER ELIGIBILITY

All players must meet the following requirements during the regular season:

- Must be a current undergraduate student and only play and/or coach for their respective collegian in any of the collegian sports events.
- Must be entered on the team's online and paper rosters with the correct jersey number.
- Must carry a minimum of six credit hours (*Exception: Contract students with a 35-hour workload*).
- Must not be checked into their residence hall while participating in any collegian sporting event.
- Must be entered on the team's two rosters for at least 2 of the 8 regular season games to be eligible for playoffs.

EAGLES ATHLETICS

A student whose name appears on an official [Eagles roster](#) is ineligible to play in any league sport. To be eligible for collegian league sports after playing Eagles, the following two guidelines must be met:

- Eagles athletes must be out of intercollegiate participation for 30 days before playing in any league play type sport. (*Exception: Eagles basketball players may play softball after their season has ended*).
- Those who withdraw from an Eagles team to participate in any league play type sport must submit a request form to the Eagles Athletic Director. It must be signed by their Eagles head coach and the Eagles Athletic Director stating the date of the student's last practice or game participation.
- *Any ineligible participation by a player or coach will result in a forfeiture of the game and a 1-game suspension for the undergrad that was ineligible.*





PARTICIPANTS SAFETY

ASSUMPTION OF RISK

Individuals are encouraged to have a physical examination and obtain adequate health and accident insurance prior to participation in collegian sports activities. PCC does not provide insurance coverage for participants. Individuals who participate in recreational sports will be doing so at their own risk. Participation in any collegian sports activity is completely voluntary. PCC is not responsible for any injury that may occur to individuals participating in any collegian sports event.

HEAD, NECK, AND BACK INJURIES

Any participant who sustains a head, neck, or back injury while participating in collegian sports will be ineligible to participate in any collegian sports event until they provide the Collegian Sports Coordinator with a release from a certified medical professional. (M.D., D.O., or C.A.T.).

BLOOD POLICY

When a game official or Collegian Sports Staff member observes that a player is bleeding, has an open wound, or has blood on his uniform, the player will be directed to leave the game. The injured player is not to return until the bleeding has stopped, the open wound is covered, and the bloody uniform is changed.

INJURIES

Collegian sports staff members will respond to injuries but will not treat injuries. Staff members do not carry any first aid equipment. Security will be called anytime play is stopped or a player is removed from play due to an injury. Even though consent may not be given by the injured individual, Security will at least be notified for the benefit of the participant.

REGISTRATION

LEAGUE PLAY

Collegians are automatically scheduled for league play; however, each collegian's athletic director must submit the following items by the assigned deadlines in order for their collegian to be eligible to play:

- The 2 required rosters (electronic and paper)

Failure to submit the required items by the due date will result in forfeited games until all items are received.

View league play [schedules](#), [standings](#), and [rules](#) on the [collegian page](#) on *Eagles Nest*.

All games can be attended by mixed groups unless otherwise noted as "men only" or "women only."

1-DAY TOURNAMENTS

Tournament registration takes place on site 15 minutes prior the event's start time. See the [minor sports](#) page on *Eagles Nest*.

ROSTERS

Each player must be entered on the team's two rosters with the correct jersey number before participating in regular season play and must be entered on the team's two rosters for at least 2 of the 8 regular season games to be eligible for playoffs.

- To add a player after the initial roster submission, submit the following updates.
 - Update the [electronic roster](#) on *Eagle's Nest*
 - Update the paper roster using the *Addendum – Collegian Sports Uniform Individual Check Sheet* form located in the Student Activities Office

No player is considered eligible until both updates are received and approved.





FEES AND FORFEITS

Participation Fees

- Men must pay the participation fee of \$5 per sport.
 - Any person on a roster will be charged the participation fee on their college account.

Forfeits

- A collegian that forfeits a contest will be charged \$100 per game. If both teams forfeit, both teams will be charged.

A team that commits any of the following violations during a contest will forfeit that contest:

- Uses an ineligible player
- Does not meet the minimum number of players as outlined in the rules for that sport at the published game time
- Is not dressed in correct uniform attire
- Fails to submit the electronic and paper rosters by the deadline
- Receives 3 or more unsporting penalties
- Receives 2 or more unsporting ejections
- Receives a team sportsmanship rating of 1

A team forfeiting three games in a season will be disqualified from further competition in that sport for that season. To be considered for reinstatement, a written appeal must be submitted to the Collegian Sports Coordinator.

A sportsmanship rating of 3.0 will be assigned to teams who forfeit. The opponent of a team who forfeits a contest will receive a 4.0 sportsmanship rating.

NOTE: Sportsmanship ratings for both teams are given at the discretion of game officials during games forfeited due to ejection/conduct.

SPORTS LEADER'S RESPONSIBILITIES

COLLEGIAN SPORTS COORDINATOR

The coordinator oversees the daily operation and management of the collegian sports program, is responsible for the creation and logistics of all collegian sports events, and enforces all necessary policies.

COORDINATOR'S CONTACT INFORMATION

Office Location: Student Activities Office, AC-1

Email: collegiansports@pcci.edu

Phone: 850-478-8496 - ext. 2740

COLLEGIAN SPORTS STAFF

The staff assist the coordinator with daily operations, game management, observation, set-up, tear down, and enforcement of policies.

COLLEGIAN ATHLETIC DIRECTOR

Qualifications

- Elected each semester by their collegian members
- Serves for one semester
- Should have an active interest in athletics
- Must meet PCC's requirements for student leadership:
 - Maintains a 2.0 GPA
 - Has fewer than 75 demerits
 - Is not on a probationary status
 - A rising sophomore or above

Duties

- Encourage and promote interest in each sport offered.
- Always encourage a love for fair play and good sportsmanship.





SPORTS LEADER'S RESPONSIBILITIES

- Coordinate the sports program for their collegian.
- Select team coaches.
- Submit team rosters (electronic and paper) and make changes or additions when necessary, according to the eligibility rules.

NOTE: Rosters are a contract with the Collegian Sports Office to the effect that teams will be scheduled for competition and will be present to participate. Please see each sport's specific rules regarding the minimum and maximum number of players needed to field a team.

- Ensure that coaches do not show favoritism in the team selection process.
 - Every individual trying out should have an equal opportunity to play.
 - Every effort should be made to give those who are skilled and deserve to be on the team that opportunity.
- Notify team members of the date, place, and time of tryouts, games, and schedule changes.
- Be knowledgeable of all rules governing each sport in which his collegian participates.

Uniform Responsibilities

- Check out and return uniforms and equipment or delegate someone to do so.
- Keep athletic equipment and uniforms clean and in good repair.
- Request new equipment or uniforms through Student Activities (dependent on funds available).
- Promote and ensure teams follow dress standards outlined in the [Student Handbook](#) and the Collegian Sports Department

SPORTS LEADER'S RESPONSIBILITIES

- Attend all meetings and coach's clinics pertaining to your team sport.
 - *If you are unable to attend the clinic, a representative should attend in your place and relay all necessary information.*
 - Teams who do not have a representative present for the coach's meeting will result in forfeited games and ineligibility to play until the coach meets with the Collegian Sports Coordinator.

Violations

- Violations of leadership will be handled through progressive disciplinary procedure. There are some situations when steps may be skipped due to the serious nature of the violation.

TEAM COACHES AND CAPTAINS

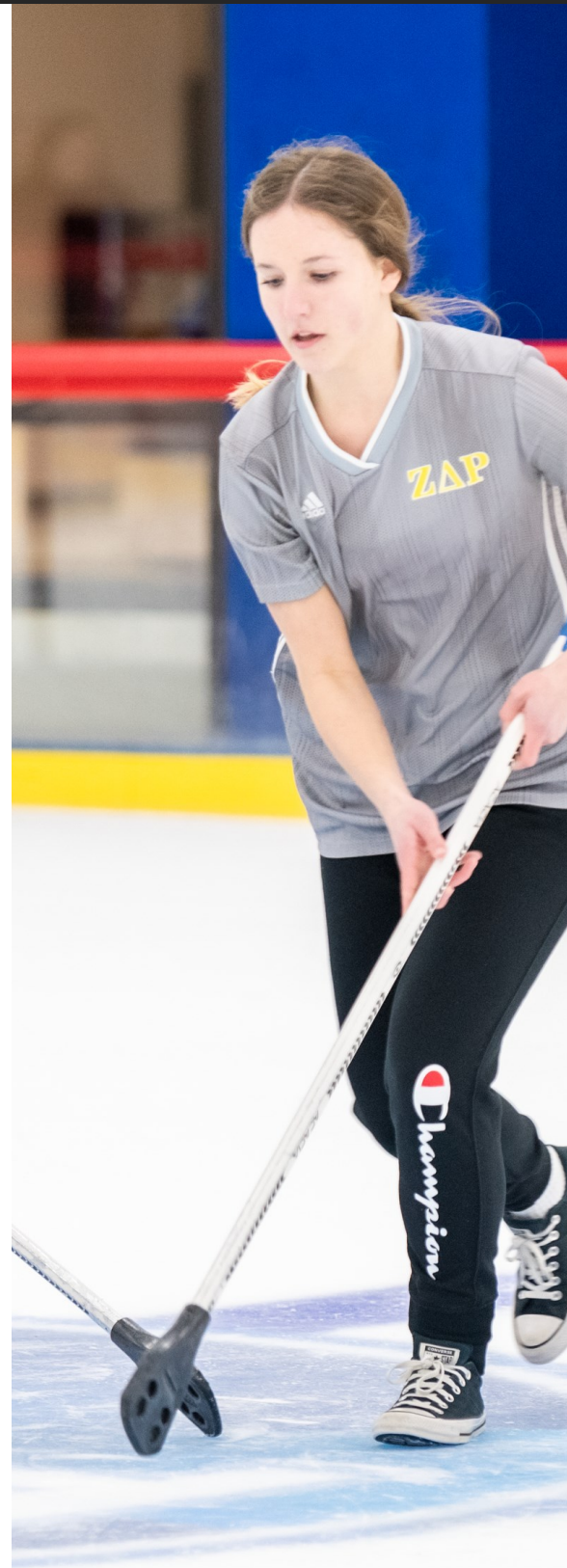
Qualifications

- Chosen by your collegian athletic director
- Both a spiritual leader and a sports leader
- Current undergraduate student and member of the collegian you coach or captain

Duties

- Cooperate with the collegian athletic director to maintain high spiritual standards and good sportsmanship.

NOTE: Three unsportsmanlike penalties or two ejections by a team in one game will result in an automatic forfeiture of the game. The coach must meet with the Collegian Sports Coordinator before their team may resume play. It is the responsibility of the coach to set up the conference, not the Coordinator's.





SPORTS LEADER'S RESPONSIBILITIES

- Direct and coach your collegian's sport team.
- Be familiar with the rules and policies governing the sport you coach.
- Conduct team tryouts
 - Give every individual trying out an equal opportunity to play.
 - Make every effort to give those who are skilled and deserve to be on the team the opportunity.
- Reserve practice time on the [Practice Reservation Calendar](#).
 - Practices may be held on any field or court available to be reserved on the Practice Reservation Calendar. All other locations are not to be used for practices.
 - Teams may reserve up to 1 time slot per night, and up to 3 time slots per week.
 - East Soccer Field and Grant Soccer Field are "game only" fields.
 - Any team that is found practicing on either East Soccer Field or Grant Soccer Field will forfeit their next game.
 - If any team is found practicing a second time, they will forfeit the remainder of their season.
- Communicate any information pertaining to the sports program to team members in a timely manner.
- Be responsible for player eligibility and conduct of players on your team.
- Promote and ensure teams follow dress standards outlined in the [Student Handbook](#) and the Collegian Sports Department

SPORTS LEADER'S RESPONSIBILITIES

- Verify the score on the Game Summary Report card which is entered in by the game official. Sign the game card after verifying both you and your opponent's game scores. Signing the game card is acceptance of the written score.
- Complete the Referee Evaluation form provided after each game. (*Exception: City officials and playoff games*).
- Verify your team's scores and records at least once a week. If there is a discrepancy, contact the Collegian Sports Coordinator.
- Review the [playoff schedule](#) regularly on *Eagles Nest* and inform all team members of game times and of any adjustments.
- Nominate 4 players for the all-star team and vote for players to participate in All-Star Competitions. *Deadlines will be given for both nominating and electing.*





UNIFORMS AND EQUIPMENT

UNIFORMS

Each collegian maintains a set of uniforms for each league sport. Each player must wear the uniform and shorts provided for that sport.

- Jerseys, shorts, and pants should be well-kept without tears or holes and must be loose-fitting enough to allow for gathering an inch of fabric on either side of the garment without stretching the material.
- If a jersey or shorts given by the Collegian Sports department cannot be worn due to not meeting the dress code outlined by the [Student Handbook](#), the player can wear their own shirt or shorts that meets the dress code and that matches the team's uniforms as much as possible.
- Any shirt worn under a sleeveless uniform jersey must be the jersey's dominant color, black, or white. The team's undershirts must all match.
- Women's uniforms must have sleeves. If the jersey is sleeveless, a shirt that has full sleeves must be worn.

SHORTS AND PANTS

At minimum, any participants shorts must be loose-fitting and able to reach the top of the kneecap while they are standing or walking.

- Shorts are not allowed to be modified by having the band rolled up or legs tucked in.
- Participants are allowed to wear loose-fitting wind/athletic type pants.

Flag Football shorts or pants may not have pockets, taped pockets, or zippers. This is a safety issue and there will be no exceptions.

UNIFORMS AND EQUIPMENT

SHOES

Players must wear athletic-type shoes that cover their feet completely. Shoes must also be intended for the sport surface used:

- Gym floors: athletic-type shoes with non-marking soles that cover the foot completely
- Fields: athletic-type shoes that cover the foot completely with soft plastic cleats, no metal studs

The officials and supervisors on duty have the authority to disallow any uniform, equipment, or pair of shoes that do not align with our guidelines, the Student Handbook, or if the item could endanger the person wearing them or their opponents.

JEWELRY

No jewelry may be worn during any collegian sports event. All participants are expected to remove all jewelry prior to the start of the contest. This is a safety rule.

- Medical alert bracelets must be taped to the participant's wrist with medical tape.
- For piercings that cannot be easily removed, a clear, pliable, narrow plastic stem may be used to keep the hole from closing. However, this must be approved by the referee and deemed not dangerous to other players





UNIFORMS AND EQUIPMENT

RETURNING UNIFORMS AND EQUIPMENT

Players must return all collegian uniforms and equipment to the team coach or athletic director at the end of the season. The collegian athletic director or coach will return the uniforms and equipment at a Collegian Uniform Check-In (see [Activities Calendar](#)).

- Unreturned items will be charged to the individual who signed for the items on the rosters.
- If a coach's or player's signature is not on file with the Collegian Sports Department, the collegian athletic director will assume financial responsibility of the missing uniforms.

NOTE: Even if the equipment or uniform is damaged, they still must be returned. The coach or athletic director will assume responsibility of the replacement cost for unreturned equipment/uniforms.

- Charges are placed on the individual's college account at the conclusion of the semester. If the items are returned in good condition, even after the charge has been added to your college account, you will receive a credit equal to the price of the returned item.
- An appeals process is available for those who believe the charge has been assessed in error:
 - You must have information that can verify that the missing items were the responsibility of another student (i.e., email, text message from another PCC student who acknowledges responsibility).
 - Complete a *Missing Uniform/Equipment Appeal* form in the Student Activities Office, AC-1.

UNIFORMS AND EQUIPMENT

EQUIPMENT

Practice Equipment

The collegian athletic director will check out his collegian's equipment at Uniform/Equipment Check-Out and distribute it to the team's coach.

- Personal practice equipment (i.e. - shoes, shin guards, softball gloves, etc.) is the responsibility of the individual participant.
- Teams are responsible for all equipment left at practice or game locations.
- No sports equipment may be purchased without first securing permission from the Collegian Sports Coordinator. To obtain permission, please complete the [Practice Equipment Request Form](#).

Game Equipment

The Collegian Sports Department will provide all necessary game equipment (e.g., balls, bats, etc.). Please contact the Student Activities Office if any equipment is damaged.





FORMS

The following forms are available in the Student Activities Office, AC-1:

- *Addendum – Collegian Sports Uniform Individual Check Sheet*
- *Collegian Sports Program Evaluation*
- *Collegian Sports Uniform and Roster Check Sheet*
- *Missing Uniform/Equipment Appeal*

PLAYOFFS

ELIGIBILITY & STANDINGS

To be eligible to participate in playoffs, your team must obtain an average team sportsmanship rating of 3.75 during the regular season and maintain that minimum rating throughout playoffs.

If at any time your rating drops below **3.75** during the playoffs, your team will become ineligible. If your team wins a game during play-offs, but your rating from that game causes your rating to drop below **3.75**, your team will forfeit that game and the opponent will be granted the win to enter the next round in your place (*Exception: those teams participating in a championship game*).

The following indicates how many teams per division will compete in playoffs:

Men's American League	top 8 teams
Men's National League	top 8 teams
Women's American League	top 8 teams
Women's National League	top 4 teams

PLAYOFFS

Teams are seeded according to the following order:

- Points accumulated:
 - Win = 3 pts.
 - Tie = 1 pt.
 - Loss = 0 pt.
- Head-to-head (This step is skipped if all collegians which are tied in points did not play each other during the regular season)
- Total point differential
- Points allowed
- Points scored
- Number of forfeits
- Strength of schedule
- Coin toss

All league [playoff schedules](#) will be posted on Eagles Nest. The team coach and players are responsible to be familiar with the schedule. Playoffs are single elimination with seeding being based upon regular season results.

AWARDS AND HONORS

ALL-STAR TEAMS

Players are nominated by their team coach and voted on by all coaches within a league.

A player must maintain good sportsmanship standing with PCC to be eligible to play on an all-star team.

Players are notified by email one week prior to the date of the all-star game when selected to be on an all-star team.

All-star games and are listed on the [playoff schedule](#).





AWARDS AND HONORS

ATHLETE OF THE YEAR

Individual collegian sports participants who portray characteristics of leadership, sportsmanship, athletic standing are nominated by the collegian sports staff. At the conclusion of the academic year, one male and one female will be awarded Athlete of the Year, and their names will be engraved on a permanent plaque displayed in Collegian Hall.

COLLEGIAN SPORTS TROPHY

The Collegian Sports Trophy is awarded to the top men's and women's collegian each year. Collegians receive points for placing in the top 8 of each athletic event. The winning collegians will have their collegian name engraved on a permanent trophy displayed in Collegian Hall.

GAME OFFICIALS

Faculty, staff, church members, and students can become game officials. Any student desiring to officiate visit the [Collegian Sports Officiating](#) page to receive an information regarding the training clinics. Training clinics are held at least one week prior to the start of league play for each sport. Attendance at training clinics is mandatory for those desiring to officiate.

INCLEMENT WEATHER

Rainouts will be rescheduled if time permits. In case of inclement weather, call 850-478-8496, ext. 4263 after 4:45 p.m. for current information regarding cancellations. Collegian athletic directors and coaches are responsible for obtaining cancellation information and relaying it to all their players.

APPEALS

As with any program, your feedback is very important to the success of the collegian sports program. Any complaints, protests, or appeals should be made in writing and presented to the Collegian Sports Coordinator by the athletic director or team coach.





**PENSACOLA
CHRISTIAN
COLLEGE**