

## FOULS AND PENALTIES SUMMARY

	Page	Rule	Section	Article	Official's Signal
<b>Loss of 5 Yards</b>					
1. Failure to Wear Required Player Equipment	19	1	4	5	23
2. Delay of Game (Dead Ball)	32	3	5	1	7, 21
3. Illegal Substitution	33	3	7	1, 2	22
4. Illegal Procedure	38	6	1	3, 4	19
5. Encroachment (Dead Ball)	40	7	2	1	7, 18
6. False Start (Dead Ball)	40	7	2	2	7, 19
7. Illegal Snap (Dead Ball)	40	7	2	3	7, 19
8. Illegal Formation	41	7	3	1, 4	19
9. Illegal Motion	41	7	3	3	20
10. Illegal Shift	41	7	3	5	20
11. <b>Illegal Advancement (Co-Rec)</b>	42	7	5	1	19
12. Illegal Backward Pass (Loss of Down)	42	7	6	1	35, 9
13. Illegal Forward Pass (Loss of Down if by A)	43	7	7	2	35, 9
14. Intentional Grounding (Loss of Down)	43	7	7	2C	36, 9
15. <b>Illegal Male Reception: Male to Male Forward Pass Completion on a Closed Play (Loss of Down) (Co-Rec)</b>	44	7	7	3	19, 9
16. Help the Runner	55	9	4	4	44
<b>Loss of 10 Yards</b>					
1. Unsportsmanlike Conduct, Illegal Player Equipment	20	1	6	1	27
2. Illegal Kick, Quick Punt	38	6	1	1	31
3. Kick Catching Interference	39	6	2	1	33
4. Two or More Encroachment Fouls During the Interval Between Downs	40	7	2	1	7, 18
5. Offensive Pass Interference	46	7	10	2	33
6. Defensive Pass Interference	46	7	10	3	33
7. Unsportsmanlike Conduct	51	9	1	1-3	27
8. Personal Foul, Strip or Attempt to Strip the Ball	53	9	3	1A	38
9. Personal Foul, Throw Runner to the Ground	53	9	3	1B	38

**Loss of 10 Yards (continued)**

	Page	Rule	Section	Article	Official's Signal
10. Personal Foul, Hurdle any Player	53	9	3	1C	38
11. Personal Foul, Contact Before or After the Ball Is Dead	53	9	3	1D	38
12. Personal Foul, Unnecessary Contact of any Nature	53	9	3	1E	38
13. Personal Foul, Drive or Run Into an Opponent	53	9	3	1F	38
14. Personal Foul, Position Upon Shoulders or Body of a Teammate	53	9	3	1G	38
15. Roughing the Passer (Automatic 1st Down)	53	9	3	2	34, 8
16. Personal Foul, Illegal Contact	54	9	3	3, 4	38
17. Personal Foul, Interlocked Interference	54	9	3	5	38
18. <b>Illegal Flag Belt Removal</b>	54	9	4	1C	38
19. <b>Guarding the Flag Belt</b>	55	9	4	2	24
20. Personal Foul, Illegal Contact	55	9	4	3	38
21. Holding	55	9	4	5	42
22. Illegal Batting	56	9	5	1, 2	31
23. Illegal Kicking	56	9	5	3	31
24. Illegal Participation	56	9	6	1	28

**Disqualification Associated With Certain 10 Yard Penalties**

1. <b>Illegally Secured Flag Belt on a Touchdown or Try (Loss of Down if by A) (Automatic 1st Down if by B)</b>	47	8	4	1	38, 47 8, 9
2. Flagrant Unsportsmanlike Conduct	51	9	1	1-3	27, 47
3. Unsportsmanlike Conduct, Intentionally Contacting an Official	51	9	1	3F	27, 47
4. Unsportsmanlike Conduct, Leaving the Team Box and Entering the Field During a Fight	51	9	1	3G	27, 47
5. Flagrant Personal Fouls	52	9	3	1	38, 47
6. Personal Foul, Tackling the Runner	53	9	3	1H	38, 47
7. Personal Foul, Fighting an Opponent	53	9	3	1I	38, 47
8. <b>Personal Foul, Intentional Tampering With Flag Belt (Loss of Down if by A) (Automatic 1st Down if by B)</b>	54	9	4	1E	38, 47 8, 9
9. <b>Personal Foul, Nonplayer Deflagging or Interfering With a Runner</b>	55	9	4	1F	38, 5, 47